



- Smudge will be done at 9:00 am every morning, as well as periodically throughout the day.
- Mic Club is open and walk in participation
- Breathe With Me – meditation will be run for clients from 9 to 10 am in cultural room at SCS.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
3	4	5	6	7	8	9
	Smudge: 8:45 Breathe with me – 9 to 10 am Informal counselling: 10am – 12pm Mic: 1 – 4pm	Mic Club: 4 – 7 pm	Smudge: 8:45 Breathe with me – 9 to 10 am Medicine bag making: 10am – 12 pm Mic: 1 - 4	Mic Club: 4 – 7 pm	Smudge: 8:45 Breathe with me – 9 to 10 am Open Crafts Mic: 1 - 4	
10	11	12	13	14	15	16
	Smudge: 8:45 Breathe with me – 9 to 10 am Informal counselling: 10am – 12pm Mic Club: 1 – 4pm	Breathe with me – 9 to 10 am Open Crafts: 11am – 3pm Mic Club: 4 – 7 pm	Smudge: 8:45 Breathe with me – 9 to 10 am Medicine bag making: 10am – 12 pm Mic Club: 1 – 4pm	Smudge: 8:45 Breathe with me – 9 to 10 am Mic Club: 4 – 7 pm	Smudge: 8:45 Breathe with me – 9 to 10 am Dream Catcher: 11am-1pm Mic: 1 - 4	
17	18	19	20	21	22	23
	Smudge: 8:45 Breathe with me – 9 to 10 am Smudge box making: 10am-12pm Mic: 1 – 4pm	Smudge: 8:45 Breathe with me – 9 to 10 am Mic Club: 4 – 7 pm	Smudge: 8:45 Breathe with me – 9 to 10 am Movie: 10am-12pm Mic: 1 - 4	Smudge: 8:45 Breathe with me – 9 to 10 am Mic Club: 4 – 7 pm	Smudge: 8:45 Breathe with me – 9 to 10 am Mic: 1 - 4	
24	25	26	27	28	29	30
	Smudge: 8:45 Breathe with me – 9 to 10 am Mic: 1 - 4	Smudge: 8:45 Breathe with me – 9 to 10 am Mic Club: 4 – 7 pm	Smudge: 8:45 Breathe with me – 9 to 10 am Mic: 1 - 4	Smudge: 8:45 Breathe with me – 9 to 10 am Mic Club: 4 – 7 pm	Smudge: 8:45 Breathe with me – 9 to 10 am Mic: 1 - 4	